

All Day Breakfast

EGGS ON TOAST / 13

Two all-natural eggs your way (poached, fried, or scrambled) on toasted ciabatta + Your extras

SMASHED AVOCADO (VEG) / 22

Seeded sourdough topped with smashed avocado, cherry tomatoes, grilled haloumi, dukkha, and olive oil with a lemon wedge  
+ Poached Egg 2.5 + Crispy Bacon 4

CORN FRITTERS / 22

Homemade sweet corn and fetta fritters served with two poached eggs, beetroot relish and crispy bacon with sliced avocado + Your extras

GRANDE / 27

Ciabatta with two all-natural eggs your way (poached, fried, or scrambled) with roasted mushroom, grilled tomato, avocado, crispy bacon, chorizo and two hash browns

BREAKFAST BRUSCHETTA (VEG) / 22

Seeded sourdough with a miso mayo, two poached eggs, grilled brie cheese, roast tomato and roast mushroom topped with rocket and hollandaise  
+ Your extras

FUEL ME UP BURGER / 16

Toasted milk bun with a fried egg, crispy bacon, hash brown, double cheese and BBQ sauce

EGGS BENNY / 22

Freshly toasted croissant topped with 2 poached eggs, sautéed spinach and hollandaise sauce, with your choice of crispy bacon // pulled pork // haloumi // or Salmon + 2

OMELETTE / 16

Build your own omelette / All natural eggs with your choice of additions served with ciabatta toast

- + Cheese 1
- + Spinach 1
- + Ham 2
- + Onion 1
- + Cherry Tomatoes 1
- + Mushrooms 1
- + Bacon 2
- + Roast Capsicum 1

BUTTERMILK PANCAKES (VEG) / 20

House made buttermilk pancake stack with maple syrup, fresh berries and mascarpone

MUESLI BOWL (VEG) / 16

SA Boss Granola bee sting topped with natural yoghurt fresh banana and honey  
+ Your choice of milk

T&M FRUIT BOWL (VEG/VO) / 17

Mix of seasonal fruit topped with yoghurt and honey

Your Extras

- + Egg (P/S/F) 2.5
- + Crispy Bacon 6
- + Chorizo 6
- + Haloumi 6
- + Salmon 6
- + Spinach 4
- + Mushrooms 4
- + Hashbrowns 4
- + Avocado 4
- + Tomato 4
- + Corn fritter 4
- + Hollandaise 2
- + Tomato Relish 2
- + Tomato Sauce 1

TOAST & CONDIMENTS / 8

Two slices of toast served with butter + Your choice of condiments.

TOAST

CONDIMENTS

- + Ciabatta
- + Seeded Sourdough
- + Rye
- + Raisin Toast
- + GF Toast
- + White Sliced
- + Wholemeal Sliced
- + Honey
- + Apricot Jam
- + Blueberry Jam
- + Strawberry Jam
- + Peanut Butter
- + Vegemite
- + Nutella

## Hand Helds

### STEP 1: CHOOSE YOUR BREAD:

- FOCACCIA
- WRAP
- GLUTEN FREE BUN + 3

FRESH OR TOASTED

### STEP 2: CHOOSE YOUR FILLINGS:

#### BREKKY / 15

Scrambled egg, crispy bacon, baby spinach, cheese, and BBQ sauce

#### O.G TURKEY / 15

Smoked turkey, cranberry sauce, roasted capsicum, camembert cheese and baby spinach

#### CHICKEN / 15

Crumbed or grilled chicken, tomato, avocado, lettuce, mozzarella, relished mayo

#### TURKEY ITALIANO / 15

Smoked turkey, sundried tomato, bocconcini, wild rocket and basil pesto

#### VEGETARIAN / 15

Roasted pumpkin, roasted capsicum, grilled eggplant, fetta, wild rocket, and basil pesto

+ Add Basket of Potato or Sweet  
Potato Chips / 3

#### ZEEAS REUBEN SANDWICH / 16

Toasted rye bread with smoked pastrami, sauerkraut, double sliced cheese and relished mayo  
+ Basket of Potato or Sweet Potato chips 3

## Sides

GARLIC BREAD (3)	10
BOWL OF POTATO CHIPS with tomato sauce	8
BOWL OF WEDGES with sweet chilli & sourcream	11
BOWL OF SWEET POTATO CHIPS with dill aioli	8
GARDEN SALAD	7

## Mains

#### MICKY C'S BURGER / 18

Beef patty in a milk bun with cheese, tomato, butter lettuce and tomato sauce served with a side of potato or sweet potato chips + Crispy Bacon 2

#### CHICKEN BURGER / 18

Grilled chicken in a milk bun with double sliced cheese, sliced tomato, caramelized onion butter lettuce and avocado served with your choice of potato or sweet potato chips + Crispy Bacon 2

#### PULLED PORK BURGER / 18

BBQ pulled pork in a milk bun with sliced cheese and a homemade mayo coleslaw served with your choice of potato or sweet potato chips

#### FISH & CHIPS / 25

Beer battered or grilled fish fillets served with potato chips, garden salad, lemon, and tartare sauce

#### CHICKEN SCHNITZEL / 23

Nonna's crumbed chicken schnitzel served with garden salad and potato chips with your choice of:  
+ Gravy 2 + Mushroom Sauce 2 + Parmi 3

#### RIGATONI RAGU / 19

Rigatoni in a tomato sugo with braised tender beef topped with shaved parmesan.

## Salads

#### ROAST VEGGIE SALAD (VEG) / 16

Baby spinach with roasted pumpkin, pecans, beetroot, and grilled haloumi with a basil pesto dressing + Grilled Chicken 5

#### CAESAR SALAD (GFO) / 19

Grilled chicken with cos lettuce, crispy bacon, poached egg, shaved parmesan, and croutons in a mayo dressing + Anchovies 1.5

#### CHICKEN & HALOUMI SALAD (GF) / 20

Grilled chicken, fresh avocado, mixed lettuce, grilled haloumi, Spanish onion, cherry tomatoes, and toasted almonds in a honey mustard dressing

Breakfast

GLUTEN FREE OPTIONS AVAILABLE - PLEASE ASK OUR FREINDLY TEAM!

KIDS OMELETTE / 11

Ham + cheese omelette with ciabatta

KIDS BUTTERMILK PANCAKE (VEG) / 9

House made buttermilk pancakes with mixed berries and maple syrup

KIDS SMASHED AVO / 9

Seeded sourdough, smashed avocado, cherry tomatoes, olive oil

KIDS EGGS ON TOAST / 7

Egg your way with ciabatta + Your extras

EXTRAS

+ bacon 1.5

+ tomato 1.5

+ avocado 1.5

+ mushroom 1.5

+ hash brown 1.5

+ spinach 1.5

Lunch

KIDS CHEESEBURGER / 11

milk bun, beef patty, double cheese, tomato sauce, potato chips

KIDS CHICKEN BURGER / 11

Milk bun, grilled chicken, double cheese, tomato, lettuce, relish mayo, potato chips

KIDS RIGATONI NAP (VEG) / 9

Rigatoni, tomato sugo, parmesan

KIDS NUGGETS & CHIPS / 9

Crumbed chicken breast nuggets, potato chips, tomato sauce

KIDS SCHNITZEL & CHIPS / 11

crumbed chicken breast, potato chips, tomato sauce

KIDS FISH & CHIPS / 11

piece of battered or grilled fish, potato chips, tomato sauce

Drinks

SMALL MILKSHAKE / 5

MAKE IT LARGE / 9

Chocolate / Banana / Caramel / Strawberry  
Lime / Vanilla

SMALL JUICE / 5

MAKE IT LARGE / 6

Apple / Pineapple / Orange / Watermelon

SMALL SMOOTHIE / 5

MANGO SPLICE

Mango, orange juice, ice cream, yoghurt and honey

PEANUT BUTTER

Banana, maple syrup, natural peanut butter and cinnamon with your choice of milk

HAZELNUT DELIGHT

Nutella, choc hazelnut protein powder, banana and ice cream with your choice of milk.



# DRINKS MENU

ZEEA'S  
EATERY

## Smoothies

+ 50c for Alternative Milks

Almond / Oat / Macadamia / Soy / Coconut / Zymil

MANGO SPLICE / 9.5  
Mango, orange juice, ice cream, yoghurt and honey

PEANUT BUTTER / 9.5  
Banana, maple syrup, natural peanut butter and cinnamon with your choice of milk

BERRY CHOC PROTEIN / 10  
Mixed berries, choc hazelnut protein powder, chocolate gelati and maple syrup with your choice of milk

HAZELNUT DELIGHT / 10  
Nutella, choc hazelnut protein powder, banana and ice cream with your choice of milk.

## Iced Drinks

ICED CHOCOLATE / 9  
Chocolate gelato, tweedvale full cream milk, chocolate powder, chocolate sauce

ICED COFFEE / 9  
Vanilla gelato, tweedvale full cream milk, double espresso, vanilla syrup

## Soft Drinks

Famous Soda Lemon (SF) / 5	Coke / 4.5
Famous Soda Passionfruit (SF) / 5	Coke No Sugar / 4.5
Famous Soda Blood Orange (SF) / 5	Chinotto / 4
Famous Soda Ginger Beer (SF) / 5	Sprite / 4.5
Famous Soda Pink Lemonade (SF) / 5	Fanta / 4.5
Sugar Free (SF)	Lemon Lime Bitters / 6

## Frappes & Milkshakes

SMALL 5 / LARGE 9 Make it a thickshake +1

Chocolate / Banana / Caramel / Strawberry  
Lime / Vanilla / Mocha / Coffee

## Cold Pressed Juice

TROPICALE / 9  
Strawberry, pineapple, watermelon

MINTY / 8  
Apple, orange, mint

PINE LIME / 8  
Pineapple, cucumber, lime

ALOHA / 8  
Watermelon, pineapple, lime

REFRESH / 9  
Orange, apple, carrot, ginger, lemon

## CREATE YOUR OWN JUICE COMBO

Select a minimum of 3 items to add to your cold-pressed juice. Made specially for your taste buds! / 9

+ Apple	+ Watermelon	+ Cucumber
+ Orange	+ Strawberry	+ Kale
+ Pineapple	+ Carrot	+ Spinach
+ Lemon	+ Ginger + 1	+ Mint

SINGLE JUICE / 6

Apple / Watermelon / Orange  
Pineapple / Carrot

## Coffee

	CUP	MUG
Espresso	4	
Macchiato	4.2	
Piccolo	4.6	
Half Latte	4.6	
Cappuccino	4.8	5.8
Flat White	4.8	5.8
Latte	4.8	5.8
Iced Latte	4.8	5.8
Long Black	4.8	5.8
Iced Long Black	4.8	5.8
Mocha	5.5	6.5
Chai Latte	5.5	6.5
Matcha Latte	5.5	6.5
Hot Chocolate	4.8	5.8
Belgian Milk (GF) or		7.5
Dark Chocolate (V/GF) Stirrer		
Decaf	0.5	
Extra Shot	0.5	
Syrup	1	
Vanilla / Caramel / Hazelnut		

## Milk

+ 50c for Alternative Milks

Almond	Soy
Oat	Coconut
Macadamia	Zymil

## Tea Pots

English Breakfast	5
Earl Grey	5
Green	5
Peppermint	5
G.L.E.W	5
Chamomile	5
Chai	5
Dark Chocolate	5

Tea for Two +2



GLENUNGA 8338 4033 BRICKWORKS 8443 4352  
GOLDEN GROVE 8289 2001



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TONY & MARK'S  
A FAMILY TRADITION

# ALCOHOLIC DRINKS

**ZEEA'S**  
EATERY

## Bubbles

BORGA PROSECCO EXTRA DRY DOC / 10 // 44  
(VENETO, ITA)

Pale yellow colour with a light consistency, the effervescent carbonation releases small but persistent bubbles. Deep flourish aroma with traces of white fruits, especially apple

SPRINGTON HILLS MOSCATO / 10 // 44  
(EDEN VALLEY, SA)

Citrus flavour and a crisp finish make this moscato a perfect compliment for any occasion. Hand picked, gently pressed and fermented until the right balance of fruit, acid and sugar was achieved. Fresh and fruity with a gentle fizz; Serve chilled and enjoy while young and vibrant

## Rose

SPRINGTON HILLS SOPHIE'S BLUSH ROSE / 9 // 39  
(EDEN VALLEY, SA)

Parcels of fruit were selected by the winemaker for their flavour, colour & sugar levels. The grapes were hand-picked, followed by destemming & crushing but contact with the skins were kept to a minimum to create a classic Rose tin. The palate is lively, textured & integrated with an array of berry & cherry flavours with a hint of spice

## White

BELLINI MANB-O BIANCO / 7 // 29  
(TOSCANA, ITA)

The wine has a brilliant straw yellow colour with some golden highlights, it is limpid and with a medium consistency. The fragrance is characterised by fresh floral notes of jasmin & hawthorn. Citrus notes of orange & mandarin

SPRINGTON HILLS ELIZA RIESLING / 9 // 39  
(EDEN VALLEY, SA)

This hand-picked riesling shows lovely floral aromatics & fresh, tangy crispness, that showcase the wonderful mineral acidity typical of the Eden Valley Rieslings. As they mature, these flavours soften & honey with age

SPRINGTON HILLS UNWOODED CHARDONNAY / 9 // 39  
(EDEN VALLEY, SA)

This hand-picked chardonnay shows one varietal characteristics with a distinctive mineral acidity typical of white wines from the Eden Valley region

MEET EAT DRINK ♥

## Red

BELLINI MANB-O CHIANTI / 7 // 29  
(TOSCANA, ITA)

A very clear wine with a crystalline violet red colour & beautiful purple highlights. The nose is characterised by floral notes of violet, red roses, honey suckle, raspberries & strawberries. The wine is soft & very easy to drink

SPRINGTON HILLS ROCK RIDGE SHIRAZ / 10 // 44  
(EDEN VALLEY, SA)

This shiraz is deep & dark with a strong bouquet of dark berry fruit, anise & a hint of Eucalypt. This wine though high in alcohol is balanced in fruit, tannins, acids & oak

SPRINGTON HILLS HARVEY'S BLEND / 11 // 49  
(EDEN VALLEY, SA)

Deep crimson in colour, this wine is led by the Grenache with aromas of spiced fruit, blackcurrants and black cherries, this goes hand in hand with the aromatic, tannin and low acidity of the Montepulciano and the minty chocolate taste of the Cabernet

CPR CABERNET SAUVIGNON / 11 // 49  
(EDEN VALLEY, SA)

Vibrant red-ruby in colour, with aromas of redcurrants and blueberries. These berry fruits are underlined by subtle hints of dark chocolate. The palate displays more Eden Valley characteristics with blackberries, cedarwood and dark spices

## Beer & Cider

PERONI RED PALE LAGER 4.7% 330ml / 7  
(ROMA, ITALY)

CORONA EXTRA 4.5% 355ml / 8  
(MEXICO)

HEINEKEN 5.0% 330ml / 7  
(AMSTERDAM, NETHERLANDS)

CASCADE PREMIUM LIGHT 2.4% / 7  
(TASMANIA, AUSTRALIA)

MISMATCH SESSION ALE 4.0% / 11  
(SOUTH AUSTRALIA, AUSTRALIA)

STRONGBOW CLASSIC APPLE CIDER 5% / 8  
(CARLOTON & UNITED, NSW)



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